



Competition Rules

Goal kicks are to be taken with the hands of the Goalkeeper. Must NOT be thrown over half way on the full.

- 1st Offence = Warning and re-take
- 2nd Offence = Change over to opposing team Goal Kick

NO SLIDE TACKLES

- 1st Offence = Warning
- 2nd Offence = Card given (Yellow/Red depending on discretion of Ref)

Fouls

- All fouls awarded will result in an indirect freekick (the ball must first touch another player of either team in order for a goal to be scored)
- Defending players must remain 3 steps away from where the indirect freekick is taken
- The indirect freekick may be taken once the referee blows their whistle

The referees decision is final. Any dispute may result in player(s) being removed from the field of play.

Tied Game - If game is tied at the end of a knockout stage game, 3 penalty kicks each will be taken to decide the result

Sportsmanship - Players and spectators are expected to act in the nature of good sportsmanship at all times. Back chatting to referees, verbal/physical abuse to players, referees or co-ordinators is not tolerated and this behaviour will result in cards given to player(s) or the forfeit of the game. **This is a SOCIAL Competition. We are all here to have FUN!**

Red and Yellow Cards - All players must supply their name to the referee on field. Failure to do so will result in forfeited match.

Late Arrivals - If a team is short players, they can either start game with less players (minimum of 4) or wait and concede 1 goal for every 1 minute after start time.

Mixed Teams must have a minimum of 2 women on the field at all times

